## Aybowan - JUNE 2025

Every year new places pop up and old ones close or just change management, chef or name, so it's important to know which place is child friendly, sustainable, delicious or a total shite, the good parties and the dodgy ones. NOTE: Believing in Trip Advisor is like believing in the Lock Ness monster. Here are my WHERE TO... for JUNE 2025:

## ... EAT

Salty Swami Best cafe on the beach, & best surf shop. Opens at 6am
Hideaway boutique style, best fusion restaurant and lovely shop. Live music etc.
Hello Burger - cheap and cheerful, awesome burgers. Kids LOVE it; air con!
Emily's... healthy options, delish drinks; great for when Not raining.
Bay Vista - vast menu, family friendly, beach front.
Kaffi - our 'Starbucks'
Brew & Brunch - the nearest café with air con, 500m away
Spice Trail - tasty but tiny portions, you will be hungry after dinner
Amore ice cream with air con
Isle of Gelato (cart outside Hideaway) best ice cream in town
Rolling Pin - built one a shoe string budget, but amazing cakes and croissants.
Siam View - Thai food, beer on tap. Sports Bar with big screens.
Gypcey Lounge co-working all day cafe and dinners. Kids' corner and kids menu!
Dream Garden (whiskey Point) Best Pizza and use of pool! Kids love this!!

## ... DANCE

Mambos on Saturdays, it's the epitome of what a beach party should be. Get tipsy before going, they charge a LOT! From 11pm to 10am *Ocean Sky* at the other end of town is also a fun night. *Hippies* avoid like the plague!!

Ladies, be careful! Drink Spiking followed by rape has happened; Don't go/leave alone; keep citronella spray in your handbag for protection. If you are too f\*\*\*\*d to find your room; we are not responsible for what happens to you or your belongings, but will help when possible.

## ... STRETCH

Hideaway has the best shala; great variety of classes Bay Vista Roof Top yoga and café
One World Yoga in Ella is n.1 in the country!
Karma Gardens Gym - pretty bad. 1/10
HangTen Gym - better than nothing 3/1